

TIN TOWN TALES

17 JUNE 2025
TERM 2 WEEK 8



Emmaville Central School

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PRINCIPAL'S NEWS

MRS GILLIAN DAVIS

Dear parents, carers and community members

Spelling bee

It was my greatest pleasure to compare this years spelling bee and to see the improvements all students have made with their spelling. My thanks to those parents who came in to cheer on and support their students. Congratulations goes to Jacob, Amelia and Cooper who were the winners of their sections of the competition.

New Report Format

Information for families – Kindergarten to Year 12

- From this term we're introducing updated school reports. The new reports will be out in week 10. The new format has been developed by the NSW Department of Education in response to feedback from parents and educators to make reports easier to read and understand.
- Your child's report will still show their progress across all subject areas.
- For Kindergarten to Year 6 reports, teacher comments will appear in English, mathematics and the general comment section, in line with department policy.
- The general comment for Kindergarten also covers all other key learning areas including creative arts, HSIE, PDHPE and science and technology.
- Parent-teacher interviews remain an important way to discuss your child's progress and achievement in more detail.

P&C

A new executive has been elected at the Annual General Meeting, with all positions being filled.

President: Bianca Hill

Vice President: Morgan Smith

Secretary: Nicole Burns

Treasurer: Cindy Lee

Many thanks to our parents and community members who support the school via the P&C

UNIFORM PRICE INCREASE ON 1ST JUNE 2025

Polo Shirts All Sizes \$25

School Jackets All
Sizes \$40

Bucket hats \$10

SECONDARY NEWS

MISS REBECCA GRANT

Winter officially announced its arrival last week with a cold weather snap. It was wonderful to see students dressing appropriately with coats and beanies; it also was an ample reminder about the importance of school uniform which creates equity amongst students and fosters a sense of pride and belonging to our school.

Students are reminded that:

- They may wear a long sleeve shirt or skivvy (blue or black) underneath their school shirt
- Beanies and coats are permitted but should be taken off in the classroom (all of which are well-heated and warm)
- It's important to look after your uniform by labelling it and ensuring items like jumpers aren't left lying in the playground
- Hoodies are permitted underneath a school jumper but are not allowed as the primary jumper.

If you need assistance with uniform, please contact the school.

Assessments

Last fortnight my newsletter focused on the importance of assessment in secondary. Congratulations to the students who have demonstrated significant maturity by working on assessment tasks during lunch time, or at home after school and at the weekend to ensure that submission dates are met.

There are important rules and procedures in place to ensure that assessment is valid and fair for all students. Many students are not submitting assessments or are submitting them late which results in a loss of marks for the student. Secondary students are required to submit all assessment tasks and they may have to work towards completing assessments in their own time. We understand that extenuating circumstances occur, in which case it is important to notify the school and seek documentation to support an application for illness or misadventure. Please note that family holidays, or shopping days are not valid reasons for missing an assessment task or failing to submit it on time. All students from Years 7-12 have been given a copy of the relevant school assessment procedures.



Last week we had several secondary students participate in the North-West Cross Country. Congratulations to Imogen, Harley and Ellie- May who represented our school at the event.



SECONDARY NEWS CONTINUED

The Resilience Project

Our students continue to engage in meaningful lessons during MSL to focus on building resilience through the key principles of gratitude, empathy, mindfulness and emotional literacy. Why not try the following take home activity from The Resilience Project?

THE
RESILIENCE
PROJECT

TAKE IT HOME ACTIVITY

EMOTIONAL LITERACY | LESSON #11.1



Hi Families,

This week in class, we explored emotional literacy by investigating strategies and activities we can use to change our mood. We explored what makes us feel better and which makes us feel worse.

Working on our emotional literacy means we can become better at understanding and expressing our own emotions as well as recognising and reading the emotions of people around us. This helps when interacting with friends and strangers, managing conflict, and coping with change in our own lives.

TRY IT AT HOME FAMILY ACTIVITY:

FAMILY HAPPY SONGS PLAYLIST

YOU WILL NEED:

- Time together as a family.
- A device to play music.
- Music sharing app such as Spotify, iTunes, etc.

WHAT TO DO:

- Get together as a family. This may be after dinner or just sitting together in the living room.
- Science tells us that listening to uplifting music will improve our mood.
- Create a family playlist of songs that you can play to get you all in a good mood.
- Each family member should try to contribute 2-3 songs that make them happy. Tell the family the story behind the song - does it connect you to a happy memory, can you relate to the lyrics, or do you just enjoy the tune?
- Selecting music that will meet everyone's needs may be tricky, but use it as a good way to model the skill of compromise.
- Play your family playlist at least once a week, or whenever you think everyone needs a boost to their mood.

Days missed = years lost

A day here and there doesn't seem like much, but...

When your child misses just...

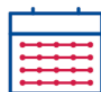
they miss weeks per year

and years over their school life

1 day per fortnight
M T W T F
M T W T F

=

4 weeks



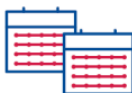
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Over 1 year missed

1 day per week
M T W T F
M T W T F

=

8 weeks



=

Over 2.5 years missed

PRIMARY NEWS

MRS MEAGAN COLDHAM

Merit Awards and Daily Attendance Award Winners



NW Cross Country Trials – Coolah

Jacob Say, Nixon Floyd and Luca Byrne travelled to Coolah on Thursday, 12th June for the NW Cross Country trials. They ran their hearts out on a very difficult course and should be congratulated on the way they represented Emmaville Central School. They all came around the 50 mark.



PSSA Soccer and Touch Football Knockout

On Friday, 13th June we played 2 knockout games. The first game was soccer against Glen Innes Public School and it was a very close contest. At the end of the first half, it was 2-2 with both teams playing outstanding soccer. In the final 5 mins of the second half, GIPS scored 2 quick goals and came away with the win 4-2. Thanks to Mr B. for reffing and getting the students ready for the game.

The second game was touch football, also against GIPS. The GIPS boys were very quick and had great ball skills. They beat us convincingly. Congratulations to our 11 players, they showed a lot of courage trying their hardest right to the final bell. We are very proud of both teams and thank those students who backed up and played in both competitions. Thanks also to Layaleeta and Aiden N for officiating the touch game.



Wellbeing

MS GAILENE STONS

Pinchapoo have kindly donated limited packs which contain a bottle of Detox and repair conditioner, headlice comb and some headlice information. If you would like to obtain one of these packs, they can be picked up from the office or you can request one to be sent home with your child. Limited packs are available and if you have any questions I can be reached on 6734 7235 during school hours



Head Lice

Throughout the school years, many families will have come into contact at some stage with head lice. It's a very common issue, and it's important to take action straight away to prevent further spread.

Head Lice Facts

- Head lice are small, wingless, blood sucking insects that only survive on humans.
- If separated from the head they die very quickly, usually within 24 hours.
- Anyone can become infected. Head lice are transferred via direct hair-to-hair contact. Head lice cannot fly or jump from head to head, they can only crawl.
- Head lice are found on the hair itself and move to the scalp to feed. They rarely fall from the head.
- Louse eggs (also called nits) are laid within 1.5 cm of the scalp and are firmly attached to the hair. They resemble dandruff but cannot be brushed out - they must be treated.
- There is no need to treat the whole family unless they also have head lice.

Treating Head Lice

Head lice crawl quickly and are masters at avoiding detection! Treatment is simple. Just follow these steps:

1. Comb conditioner onto dry, tangle-free hair. This makes it difficult for them to grip the hair or crawl around.
2. Comb sections of the hair with head lice comb.
3. Wipe the conditioner from the comb onto or tissue, search for evidence of lice or eggs.
4. Repeat combing hair sections with the head lice comb at least five times.
5. Repeat the above process every second day until there have been no live lice found for ten days.

If infestation occurs, there is no need to clean the house or classroom; only the pillowcase requires washing. To treat, simply wash in hot water (at least 60°C) and tumble dry on the hottest setting. Seek medical attention should symptoms persist.

REMEMBER TO BREATHE

Take a deep breath in
Hold it for 5 seconds
Then breathe out slowly and completely
Do this 3-4 times to feel less stressed



Self-Care

IDEAS FOR A BAD DAY

BREATHE DEEPLY

EXERCISE

TALK TO A FRIEND

GO FOR A LONG WALK

LISTEN TO MUSIC

AVOID SOCIAL MEDIA

WALK IN NATURE

COOK YOUR FAVORITE MEAL

WRITE 5 THINGS YOU LOVE

WATCH YOUR FAVORITE MOVIES

Term 2 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
Week B	16 June	17 June	18 June	19 June	20 June
	• Work Placement	• Work Placement	• Work Placement	• Work Placement • TVET Automotive Glen Innes	• Work Placement
Week A	23 June	24 June	25 June	26 June	27 June
	• TAFE TVET Beauty Cert III			• Kindergarten Vision Screening	• Prelim Visual Arts Tasks Parts A & B • Year 7 Visual Arts • HSC Visual Design Task 3 • Prelim Visual Design Task 1 Part A • HSC English Studies task due
Week B	30 June	1 July	2 July	3 July	4 July
	• TAFE TVET Beauty Cert III		• End of Term ASSEMBLY 2:15	• TVET Automotive Glen Innes • P&C Meeting	Last Day of Term

Term 3 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
Week A	21 July	22 July	23 July	24 July	25 July
		Students return			

Mental Health Services and Support

Beyond Blue

24/7 mental health support service

1300 22 4636
beyondblue.org.au

headspace

Online support and counselling to young people aged 12 to 25
1800 650 890
(9am to 1am daily)

For webchat, visit:
headspace.org.au/
ehespace

Kids Helpline

24/7 crisis support and suicide prevention services for children and young people aged 5 to 25

1800 55 1800
kidshelpline.com.au

1800 RESPECT

24/7 support for people impacted by sexual assault, domestic violence and abuse

1800 737 732
1800respect.org.au

QLife

LGBTI peer support and referral

1800 184 527
(3pm to midnight daily)
qlife.org.au
(online chat 3pm to midnight local time, including over holidays.)

Lifeline

24/7 crisis support and suicide prevention services

13 11 14
lifeline.org.au

Suicide Call Back

24/7 crisis support and counselling service for people affected by suicide
1300 659 467
suicidecallbackservice.org.au

Mensline

24/7 counselling service for men

1300 78 99 78
mensline.org.au

13YARN

24/7 crisis support for Aboriginal and Torres Strait Islander people

13 92 76
13yarn.org.au

If you are concerned about someone at risk of immediate harm, call 000 or go to your nearest hospital emergency department.

